

Psychiatric H&P Name _____ Age _____

Chief Complaint:

- * Whose idea was it that you needed to come in?
Wants admission?
Brought in by:

*At minimum
try to get
answers to
these 26
questions

History of present illness

- * Precipitants / Triggers / Stressors (What's been going on in your life?)

- * What patient is hoping to accomplish this hospitalization. (How can we help?)

- * Feeling depressed?
Crying recently?

- S – sleep
- I – (loss of) interest
- G- (feelings of) guilt (or low self esteem)
- E – energy
- C – concentration
- A – appetite change
- P – (psychomotor agitation) – anxiety / worried thoughts / racing thoughts
- * S – Suicidal thoughts, plan, intent; Passive desire to die; Hopelessness

Outpatient care (when last seen)

- * Psychiatrist
- Counselor
- Case worker

Psychiatric Hx

- * Patient's stated diagnoses (e.g., "I'm bipolar") Have a mental problem?

Diagnoses patient disagrees with ("They say I'm schizophrenic but I'm not")

Age of onset
Age of first treatment

Prior psych hospitalizations # _____

- First
- *--Most recent

- * Suicide Attempts (with method)

- * Non-suicidal self-Injury (cut, head banging, burn self with cigarette, etc)

- Age of onset
- Most recent
- Sutures?
- Scars?

Family psych history

- *--Bipolar or schizophrenia
- Psych hospitalizations
- Suicide attempts
- Helpful or harmful medications?

- Manic episodes # _____ days with no sleep (max lifetime),
--Feeling "invincible", not usual self, talkative, risky behaviors, euphoria, irritability
- Excluding meth binge?
- First / most recent
- Refer to Mood D/O Questionnaire if unclear

- Panic attacks # _____ ER Visits for panic attack
"Heart attack that turned out to just be anxiety"

- Eating D/O # _____ intentional vomiting (lifetime)
Most recent:

- Obsessive thoughts / OCD behaviors (repetitive things you have to do?)
--Clinically significant impairment?

Hoarding?

Nervous habits? (Nail biting, hair plucking, cheek biting, skin picking)

- Explosive anger
--Boxer fractures?

- Trauma / Abuse / PTSD
--Something bad from the past that's going to affect your future?
--Physical
--Sexual
--Combat, car wreck, etc that comes back to haunt you?
--Nightmare, flashbacks

Have you always been comfortable with your gender? (details)

Hx of Psychosis

Auditory hallucinations (hearing voices) **ever**

- Age of onset
- *--Recent voices?
- *--Command voices?
--Details (voices from who? Are they real?)

Visual hallucinations (demons, angels, etc)

Hx delusions (only ask suspected Hx of mania or psychosis):

- Felt you could become President or a billionaire?
- Felt so talented or important that you were out of touch with reality?
- Thought you were famous or someone famous was interested in you?
- Other people could read your thoughts?
- People on TV were talking about you?
- Bad things were happening to you in your sleep?
- You were being monitored by hidden cameras?
- You were being poisoned?
- The CIA, FBI or mafia was after you?
- Family members or friends might have been imposters?
- You were being controlled an invisible force?
- That you might be a different age than on your birth certificate?
- You were resurrected from the dead?
- You could control the weather?
- Felt you or family members were possessed by demons?
- Thought you might be God or antichrist?
- That a microchip or transmitter was implanted inside of you?

Meds

- *Current medications (including OTC supplements)
- *- Extent of compliance (*Are you taking them?)
 - Effectiveness, side effects
 - How long taken
- *- Any recent changes (including dose changes)

Recently discontinued medications?

Past psych meds (with patient's recollection of benefit / side effects / why it was stopped)

*--"Any meds that worked well for you?"

*--Any meds that were no good?

--Long-acting injectable, clozapine, Antabuse, Suboxone, Adderall/Ritalin?

Other treatment modalities (ECT, TMS)

Medical Hx

* Major medical problems

Hx syncope

Hx seizure (cause known? EEG? Most recent episode?)

Hx brain injury

Major surgeries

Review of systems

* --Do you hurt anywhere?
--Constipation, etc

Social Hx

*Housing (Who do you live with?)

*Marital status

In a relationship currently? (if not, when were you last?)

Children

Support system (if single or not already mentioned)

Guardian? (if low functioning)

Raised by?

Mother

Father

Education (How far did you go in school?)

* Employed? (if no, when last worked; disability benefits?)

Interests (church, etc)

Goals in life?

Criminal history

* Current legal problems? (active charges, probation/parole)
Ever been to prison?
Hx DWI or possession charges?

Alcohol problem (current / past / when last drunk?)

* Withdrawal risk (get shaky if you don't drink?)

Drugs ("ever tried?" / when last used)

- Cannabis
- Meth
- Abuse of Rx pills
- Heroin

IV drugs (ever tried? Age started / Last use)

Alcohol / Drug treatment program? (don't need specifics unless recent) # _____

Smoke / chew / vape

* HI (thoughts of hurting anyone?)
Access to gun?